The world's childhood cancer experts

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Guideline for the Prevention of Oral and Oropharyngeal Mucositis in Children receiving Treatment for Cancer or undergoing Haematopoietic Stem Cell Transplantation

COG Supportive Care Endorsed Guidelines

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While the Children's Oncology Group tries to provide accurate and up-to-date information, the information in the Guidelines may be or may become out of date or incomplete. The information and guidelines may not conform to current standard of care, state-of-the art, or best practices for a particular disease, condition, or treatment. Some information in the Guidelines may be intended to be used by clinical researchers in special clinical settings or situations that may not apply to you, your child or your patient.

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The "Guideline for the prevention of oral and oropharyngeal mucositis in children receiving treatment for cancer or undergoing haematopoietic stem cell transplantation" was endorsed by the COG Supportive Care Guideline Committee in February 2016.

The source guideline is published (Sung L, Robinson P, Treister N, et al. BMJ Supportive & Palliative Care Published Online First: 24/03/2016 doi:10.1136/bmjspcare-2014-000804) and is available at: http://dx.doi.org/10.1136/bmjspcare-2014-000804

The purpose of this guideline is to to develop an evidence-based clinical practice guideline for the prevention of oral mucositis in children (0–18 years) receiving treatment for cancer or undergoing hematopoietic stem cell transplant.

The recommendations of the endorsed guideline are presented below.

Summary of Recommendations for the Prevention of Oral and Oropharyngeal Mucositis in Children receiving Treatment for Cancer or undergoing Hematopoietic Stem Cell Transplantation

RECOMMENDATIONS	Strength of Recommendation and Quality of Evidence	
What prophylactic interventions are effective at preventing or reducing the severity of oral and oropharyngeal mucositis in children (0–18 years) receiving treatment for cancer or undergoing		
haematopoietic stem cell transplantation?	ior cancer or undergoing	
 We suggest that cryotherapy may be offered to cooperative children receiving chemotherapy or hematopoietic stem cell transplant conditioning with regimens associated with a high rate of mucositis 	Weak recommendation, Moderate quality evidence	
 We suggest that low-level light therapy may be offered to cooperative children receiving chemotherapy or hematopoietic stem cell transplant conditioning with regimens associated with a high rate of mucositis 	Weak recommendation, High quality evidence	
We suggest that keratinocyte growth factor may be offered to children receiving hematopoietic stem cell transplant conditioning with regimens associated with a high rate of severe mucositis	Weak recommendation High quality evidence	

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Appendix 1: GRADE

Strength of Recommendations:

Strong Recommendati	When using GRADE, panels make strong recommendations when they are confident that the desirable effects of adherence to a recommendation outweigh the undesirable effects.	
Weak Recommendati	Weak recommendations indicate that the desirable effects of adherence to a recommendation probably outweigh the undesirable effects, but the panel is less confident.	

Strength of Recommendations Determinants:

Factor	Comment	
Balance between desirable	The larger the difference between the desirable and undesirable	
and undesirable effects	effects, the higher the likelihood that a strong recommendation	
	is warranted. The narrower the gradient, the higher the	
	likelihood that a weak recommendation is warranted	
Quality of evidence	The higher the quality of evidence, the higher the likelihood that	
	a strong recommendation is warranted	
Values and preferences	The more values and preferences vary, or the greater the	
	uncertainty in values and preferences, the higher the likelihood	
	that a weak recommendation is warranted	
Costs (resource allocation) The higher the costs of an intervention—that is, the greater the		
	resources consumed—the lower the likelihood that a strong	
	recommendation is warranted	

Quality of Evidence

High Quality	Further research is very unlikely to change our confidence in the estimate of effect
Moderate Quality	Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate
Low Quality	Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate
Very Low Quality	Any estimate of effect is very uncertain

Guyatt, G.H., et al., GRADE: an emerging consensus on rating quality of evidence and strength of recommendations. BMJ, 2008; 336: 924-926.

Guyatt, G.H., et al., GRADE: going from evidence to recommendations. BMJ, 2008; 336: 1049-1051.